



# COMBO CLASS AND CLOTHING DRIVE!

Join us for a good cause and a great workout!

Sunday November 13th Happy Bodies Studio will be hosting the first annual Zumba Combo Class clothing drive to benefit Sacramento Food Bank & Family Services!

We know you have been losing weight working out with us why not donate those old clothes to a good cause? Sacramento Food Bank & Family Services needs our help! Please bring your new or gently used clothing donations!

### *What's a Zumba Combo Class?*

It's a 40 minute Zumba class with a 20 minute core, strengthening, and resistance exercise!

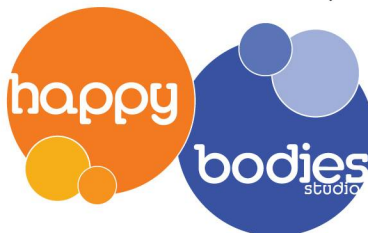
### *Here's the details:*

- Date: November 13th
- Time: 9AM 10AM or 11AM
- Location: Happy Bodies Studio  
9739-B Fair Oaks Blvd  
Fair Oaks, CA 95628
- Price: FREE when you donate!

Need more info? Call Jackie at 530-217-3355 or Happy Bodies at 916-955-1839

Happy Bodies will be accepting donations Nov 1st - Nov 13th

Presented By:



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